

W I N T E R 2 0 1 8

the Preemie Press

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2018 Board Members



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Letter From the President

Lauren Stracuzzi, MSN, RNC-NIC, ACCNS-P

Dear DVANN Chapter,

Happy 2018! The Board has been working hard to provide our members with unique opportunities and experiences throughout the year. We hope you will have the opportunity to attend multiple events this year! We have a lot of really exciting things coming your way this year, so be sure to check out the "Events" page on the DVANN website so you can SAVE THE DATES! There are great educational opportunities, but there are also multiple opportunities to give back and serve within the community!

As many of you know, we have been working on the DVANN Baby Buzz Podcast. Our continued hope is to reach the community and help shed light on topics that continue to cause confusion or curiosity! We would love YOUR involvement, so please reach out to us with topic or speaking ideas!

If you're new to the organization or haven't yet participated in a DVANN event, I highly suggest attending the Annual Member Appreciation Dinner on September 13th. We are incredibly excited for this year's celebration and have planned a night full of delicious food, time with each other, and fun giveaways! This is one of our favorite events of the year, and we can't think of a better way to celebrate Neonatal Nurses' Day! Also, we want to be mindful of your needs and expectations for the chapter! As your Board, we are always looking for new ideas for DVANN dinners and events; if you're interested in hosting a dinner or conference at your institution, let us know! We're also in search of educational topics you'd like to learn more about, so please feel free to provide suggestions and feedback to us at dvannurses@gmail.com.

Thank you for your involvement in DVANN and I look forward to seeing each of you soon!

-Lauren

Goodbye 2017!

Take a look at how DVANN members finished out this year!

NANN Annual Conference

The NANN conference, as always, did not disappoint. There were wonderful guest speakers with great topics so important in neonatal nursing right now. This year, our chapter excitedly accepted the Chapter of the Year award!



Membership Appreciation Dinner

As always, our yearly dinner at Riverwinds was fantastic! We had wonderful sponsors, and received a great talk on effective communication. Thank you to all of the members that attended, and we hope even more can come this year. After all, it's about celebrating YOU!

Fall Conference

This year we explored Neurodevelopment of the NICU patient. We brought in experts in the field to educate you on neurodevelopment, and it was a great day had by all. We are working hard on a conference topic for 2018 with an increased effort on not only bringing in experts from various organizations, but nurse experts as well!

Community Service: Mother's Home

This event is a favorite for both DVANN members who have attended as well as the mothers and babies of Mother's Home! This event focuses on education to underserved mothers who are staying here with their babies. Topics range everywhere from vaccination and well-baby care, to breastfeeding, and more! We will be attending MONTHLY this year, so please join us!

Journal Club

Who doesn't love breakfast?! We had so much fun getting together to learn about standardized line changes and their impact on CLABSI reduction while enjoying a delicious breakfast at the Pop Shop. If you have never been, be sure to mark it on your calendar!



Membership Update

Kelly Roebuck, MSN, RNC-NIC

We are very excited to say that the DVANN chapter has 262 members! DVANN has such an amazing membership, and we're always looking to add new members to our group! We would love to talk to your unit about the benefits of NANN and DVANN. If you are willing to help coordinate this, please reach out to us via the DVANN email to discuss details and get this set up for your staff!

Did you know group discounts are available? Group membership discounts are as follows:

- ❖ 3-9 new members: Save \$10
- ❖ 10+ new members: Save \$20

Group membership is as easy as 1, 2, 3!

1. **Form your group.** Share the benefits of NANN with other neonatal nurses in your unit, your community, or your personal network. Use NANN's [Member Recruitment Toolkit](#) to support your efforts in creating your group, or to help others form their own! If you're a NANN member who refers new members, you can reap big rewards! [Learn more about NANN's member referral program.](#)
2. **Share group info with NANN.** One member emails the list of all group member names and email addresses to NANN's Membership Coordinator, Brendan Sugrue at bsugrue@nann.org.
3. **Await your NANN registration email.** Once entered into the system, group members will receive an email that instructs them how to register online at group discount pricing.
4. **Interested in registering as a group by mail?** [Fill out and follow directions on our group membership registration form.](#)
5. **Be sure to select DVANN as your local chapter!**

-Kelly

Membership Spotlight

Kim Malatesta, RNC-NIC

This issue we're spotlighting Kim Malatesta! Many people know Kim through DVANN, and while everyone who knows her knows what a fantastic nurse Kim is, we thought it would be great to learn a little more. We wanted to find out some more facts about her from her personal life to professional life and even some general fun facts!

Read below to learn some fact about Kim!

- Kim is married to her husband, Mark, and will be celebrating their 15th wedding anniversary this coming September! She is also the Mom to two feisty, creative, funny, beautiful girls who are now 12 (Gianna) and nine (Sofia) years old. She also has two fur babies (kitties Reece and Romeo).
- Kim became a NICU nurse **24 years ago** on 1/11/94. She worked at



Kim

Spotlight continued on next page →

(Spotlight continued from page 3)

Our Lady of Lourdes for the first 20+ years of her career, and now works in the NICU at Virtua Voorhees. She became certified as RNC-NIC in June 2001, and proudly (as she should) has the certificate hanging in her home office.

- Kim is very passionate about her little babies and the families she cares for. Her passions in the NICU include safe sleep and the prevention of SIDS, Neonatal Abstinence Syndrome and the crazy opioid epidemic, and anything that has to do with Developmental Care.



Kim & her beautiful family

- At Lourdes, Kim was fortunate enough to be guided by her Clinical Nurse Specialist/Educator Jean Grazel, who went on to become NANN's President (not the more recent Past President). Jean was influential in encouraging Kim to join NANN and DVANN in the summer of 1994, and she has been an active member ever since!
- Kim has held roles within DVANN as Membership Director, Historian, and Secretary. Through those years, Kim has been to three NANN conferences and can't wait to get the chance to go back for more. She values the importance of continually striving to educate one another. Jean instilled in her how important it is to utilize the most up-to-date evidence within our bedside practice (long before "evidence based practice" became buzz words!).
- Kim is in her last two classes of her RN to BSN degree at Wilmington University and will be graduating in May this year! This has been a 4+ year long journey for Kim. She is so happy her girls have witnessed the power of setting goals, working hard, and achieving or surpassing those goals. Her take-home messages are: You're never too old to learn and you can do anything you set your mind to!
- Kim recently joined Rodan + Fields Skin Care as an Independent Consultant. If anyone is open to chatting, she would love to help you love your skin! This is an amazing company with tons of love and support within the network. Kim already loves the products, so she feels why not earn some money promoting them! It's a win-win!
- In Kim's spare time, which there isn't much of, she loves to work out doing everything from cardio and weights to Piyo and yoga. She used to love kettle bells and kickboxing too until a shoulder injury stopped her from being allowed to do them. Kim feels that there's nothing a good sweat can't help and it's a great stress reducer!
- Kim also loves to travel, whether it be with or without the kids! Both Kim and her husband love tropical getaways (Mexico is a favorite of their kiddos too!), but love their mini-trips to different places as well (New York, Boston, and Baltimore are some of her favorites).

Thank you Kim for letting us into your world and sharing a little bit about yourself with us!



Is there a member you would like to see spotlighted in a future issue? Email dvannnurses@gmail.com and let us know!

Podcast Update

Jennifer Hart, MSN, RNC-NIC, CBC

We are so excited to share the hard work of DVANN's BabyBuzz Podcast! Through multiple community outreach projects we have worked to meet the need of providing relevant information to our families and communities. We have worked hard to partner with local clinical experts to discuss the hot topics in neonatal nursing care. DVANN's Baby Buzz Podcast is a bi-weekly podcast addressing topics everyone wants to know about and we are looking for your input too! We are looking for different topics and clinical experts to contribute to our podcast. Please check out our website on ways to participate and to suggest topics.

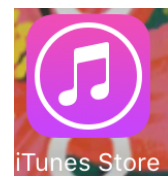
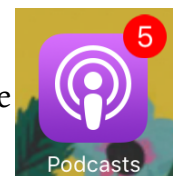
If you haven't yet subscribed, please search "DVANN's Baby Buzz" on iTunes or wherever you listen to your podcasts. We are proud to have offered podcasts to-date on Immunizations, Breastfeeding, Perinatal Loss, Postpartum Depression, Newborn Screens, Safe Sleep, SIDS and Pregnancy! We hope you want to get involved with other relevant topics so reach out to us to learn how to get involved! We appreciate your reviews and comments to help keep our momentum going!

Best,

Jenn

How do I subscribe?

- 1.) Go to the Podcast or iTunes app on your phone

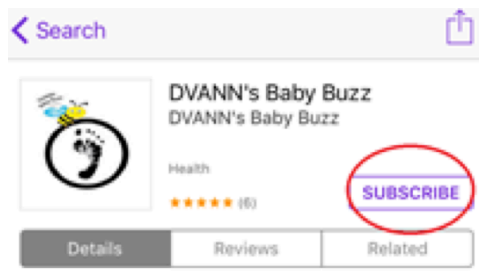


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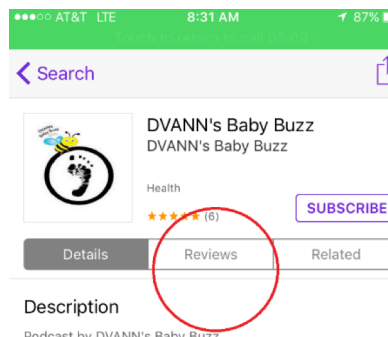
- 2.) Search "DVANN's Baby Buzz Podcast" (bottom of the screen)



- 3.) Select Subscribe to tune-in & stay up to date on new releases!



- 4.) Leave a review!



...or click the link below to take you to the iTunes site directly!

<https://itunes.apple.com/us/podcast/dvanns-baby-buzz/id1229940517?mt=2>

Advocacy Update

Tommie Farrell, BSN, RNC-NIC

"People often say with pride, 'I'm not interested in politics.' They might as well say, 'I'm not interested in my standard of living, my health, my job, my rights, my future or any future'...If we mean to keep any control over our world and lives, we must be interested in politics".

Martha Gelhorn, Journalist (1984)

As we enter in 2018, no better quote or thought than the one above speaks to how important the nurses' engagement in health policy and advocacy should be. Again, we, as nurses, enjoy the highest accolades from the American public. The Gallup poll has once again found that the nursing profession is ranked the highest profession in terms of integrity, honesty and ethics. This is the 16th time we have been named to this top ranking in 17 years. That tells us many things. Most importantly, it tells us that we have the trust of the American public. Therefore, we should feel entrusted to grab the reins and use this ranking, this POWER to advocate for our small patients and their families. Engaging in policy and political discourse is our role, just as much as our roles at the bedside. Below is the agenda for NANN and for us for 2017-2018.

NANN's Advocacy Agenda

- The future of the Affordable Healthcare Act
- National Nurse Act of 2017
- Title VIII
- Home Health Advocate Bill
- Family First Services and Prevention Act
- Child Protection and Family First Act
- APRN Scope of Practice

While this list is certainly not all-inclusive, it is our main focus. As we move forward, we will send you updates, such as "From the Hill to the NICU" posts, calls to action and information to inform membership on any policy that needs attention. Additionally, I'll send out any local information, events and legislative days to attend. I also hope to gather more friends to join DVANN on our forays into policy change.

I continue to feel energized and engaged in this role; I thank you for your trust in me and would love to have you along in the process.

Respectfully submitted,

Tommie Farrell

Tffrn54@comcast.net

Community Outreach

Heather Hopkins, BSN, RNC-NIC

We are kicking off the new year strong with our monthly visits to the Mother's Home, which is a residential shelter that provides a safe haven for vulnerable pregnant women and infants in crisis. DVANN volunteers are using their personal and professional experience to provide education and resources to these women and infants to help promote empowerment and self-sufficiency for this at risk population. If you are interested in getting involved and would like to join us please reach out to us at dvannurses@gmail.com.

We will also be participating as a chapter in the annual March of Dimes run/walk scheduled to be held on Sunday April 15th at 8am at the Navy Yard in Philadelphia. We would love for you and your children and family and friends join us in support of this organization to help support babies!

-Heather

Meet Our Newest Board Members!

Our newest board members would like to introduce themselves to our wonderful DVANN community! Welcome Katie and Heather!

Katie Behringer, MSN, RNC-NIC, CBC

Hello friends! I'm a certified neonatal nurse working as a Clinical Nurse Expert in the N/IICU at the Children's Hospital of Philadelphia. In addition to my role as a CNE I am also a unit-based clinical informatics nurse and unit representative for the hospital-wide ethics committee. I'm also a certified breastfeeding counselor that supports breastfeeding moms informally through CHOP's breastfeeding support group, Group of Empowered Moms (GEMs). I'm excited to say that I recently graduated with my MSN in nursing education and faculty role from Drexel University.



I live just outside the city with my husband, our rambunctious cat, and adorable Odie pup. We welcomed a son and daughter into our lives 6 weeks earlier than expected when our twins were born in February 2016. They are keeping me busier than I ever thought possible, and I must have blinked because suddenly they are almost two now! More than anything, I love spending time with my family and enjoying time outdoors. I've been a member of DVANN since 2010 and I'm excited to now assume the role of treasurer.

-Katie

Heather Hopkins, BSN, RNC-NIC

Hello! I work as a Clinical Nurse Expert in the N/IICU at the Children's Hospital of Philadelphia where I've been for the last 8 years. I love working with this population as they are incredibly resilient. It's rewarding to see these once sick and frail infants and their parents, who are arguably experiencing the most stressful time in their lives, get better and go home knowing that you had a hand in getting them there. I've been a member of DVANN for the last 5 years and truly love being able to get involved and learn and grow professionally through this organization. I'm excited to take on the role of Community Outreach Director and connect our group to the communities we live in and pay forward our knowledge and experience. I currently live in Philadelphia with my husband and French bulldog puppy, Otis. He can be pretty mischievous, but his quirky, happy-go-lucky demeanor makes up for it (plus, he gives a pretty mean "high-five" too!).



-Heather

Upcoming Educational Opportunities

There are three upcoming conferences in the area. If your organization is hosting an educational offering regarding neonatal nursing, please notify us at dvannurses@gmail.com so that we can post it on our website and include it in our newsletter!

Please see our website for full conference flyer and details on registration!

4th Annual Children's Hospital of Philadelphia Chronic Lung Disease Conference

When:

March 7th, 2018

Where:

The Union League of Philadelphia



Pursuing Best Practices in the NICU

When:

April 6th, 2018

Where:

Nemours/Alfred A.I. duPont Hospital for Children

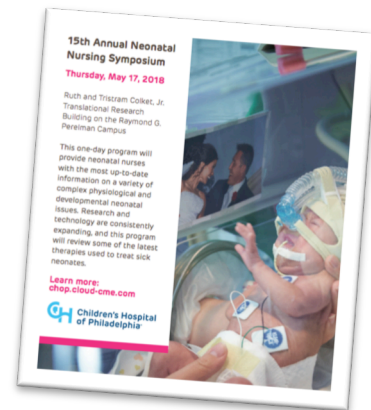
15th Annual Neonatal Nursing Symposium

When:

May 17th, 2018

Where:

Ruth and Tristram Colket, Jr. Translational Research Building at the Children's Hospital of Philadelphia



End-of-Year Treasurer's Report

Jennifer Hart, MSN, RNC-NIC, CBC

Ending Balance 12/28/2017 for Wells Fargo - \$41,546.49

Ending Balance 7/26/2017 for Pay Pal- \$ 762.62

Total = \$42,309.11

We have a profit of \$8,168.13! This is due in great part to our new members and generous sponsors!

If you wish to review a detailed report of incomes and expenses please email us at

dvannurses@gmail.com.

Send Us Your Ideas!

Please send us your ideas about what you would like to see in this newsletter! We want to provide you with what you would like to see and hear about!

Email dvannurses@gmail.com with "Premie Press" in the subject heading!

Upcoming DVANN Events

February 28th:

Mother's Home Community Service Event

March 13th:

Annual Winter Dinner Meeting

March 28th:

Mother's Home Community Service Event

April 15th:

March of Dimes March for Babies

April 18th:

Annual DVANN/PPS Dinner

April 25th:

Mother's Home Community Service Event

May 23rd:

Mother's Home Community Service Event

June 4th:

Summer Joint Dinner Meeting with DANN

Check our website for the most up-to-date information!