



Exclusive Human Milk Diet in the Real World

Part 1: Achieving Growth and Balancing Expenditures

Tuesday, July 7 at 2PM ET

Learning Objectives:

- Define the term extrauterine growth restriction/failure and its impact on long term outcome of the ELBW infant
- Describe three sources of energy expenditures in the ELBW infant
- Identify three bedside interventions around tube feeding administration that can improve caloric delivery

Part 2: Managing Minerals

Thursday, July 9 at 2PM ET

Learning Objectives:

- Review the physiology of hypoglycemia, hyponatremia, and hyperphosphatemia in the premature infant
- Understand the complications that have been associated with hypoglycemia, hyponatremia, and hyperphosphatemia in the premature infant
- Discuss nutritional and care strategies to promote managing minerals beyond the immediate newborn period

Register at <https://bit.ly/ehmd-growth-July7>

Register at <https://bit.ly/ehmd-minerals-July9>

Speakers



Andi Markell
RD, LD
Medical Science
Liaison,
Neonatal and Pediatric
Nutrition



Terry S. Johnson
APN, NNP-BC, ASPPS,
CLEC, MN
Director, Education and
Professional Development



Mindy Fuzesy
BSN, RNC
Medical Science
Liaison
Neonatal and
Pediatric Nursing

Contact Hours: Provided by Kendra Schreiner, RN, 18160 Cottonwood Rd., PMB 352, Sunriver, OR, an independent provider approved by the CA Board of Registered Nursing, Provider #15828. This program has been approved for a total of 2 contact hours and is eligible for 3 CPEUs for dietitians. Each program is approved for 1 contact hour or eligible for 1.5 CPEUs.

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